

S.R.K.R.ENGINEERING COLLEGE(A) Chinnamiram::BHIMAVARAM-534204



Email: nsssrkrec@gmail.com

NSS Unit

90214510

Code

Event Type Awareness Activity

Title of the Stress management during covid pandemic

Event

Event Start 16/06/2021

Date:

16/06/2021

Event End Date:

Description A talk was arranged on "Stress management during covid pandemic" in virtual platform by SRKRNSS UNIT in association with PSS CELL by Dr. K.Rama Reddy garu, MD., Psychiatry, Manasa Hospital, Rajamahendravaram.. The talk aimed to address the growing apprehensions, anxiousness and mental stress in people in the present covid pandemic.









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